RECIPE

SPANISH EGGS BENEDICT

Recipe by Feeding the Fiya

PAIR WITH:

BRUT ROSÉ

INGREDIENTS

BENEDICT BASE

2 whole English muffins
16 ounces Spanish chorizo
½ red onion
1 ounces unsalted butter
1 avocado sliced
1 tablespoon olive oil

POACHED EGG

Water enough to cover the eggs, 3-5 inches White wine vinegar (one tablespoon of vinegar for every quart of water used) 4 large eggs

CILANTRO LIME HOLLANDAISE SAUCE

2 large egg yolk
4 ounces unsalted butter
3 tablespoons cilantro, chopped,
plus more for garnish
1 tablespoon fresh lime juice
from half a lime
1/4 teaspoon cayenne pepper
plus more for garnish
Kosher salt to taste



PREPERATION

- Bring 3 inches of water to a gentle simmer.
- Add the white wine vinegar.
- Drop the eggs in one at a time and simmer for 3-4 minutes.
- When the whites are set. Remove the eggs from the water and set aside.

Cilantro Lime Hollandaise Sauce

- Melt the butter using a double boiler, or over direct heat, making sure butter doesn't brown.
- In a blender, blend the egg yolks and lime juice until you get a frothy mixture.
- While blending, slowly drizzle in the melted butter. When the sauce thickens, add in the cilantro, cayenne pepper and salt. Blend until fully incorporated. Set aside for later.

Building the Base

- In a pan over medium heat, add in the olive oil.
 Then throw in the red onion slices and sauté for 30 seconds. Then throw in the chorizo.
- Cook the chorizo until it has fully browned (3-5 minutes).
- Remove the chorizo and red onions. Add in 1 ounce of unsalted butter and toast your English muffins for 3 minutes (until crispy).
- Layering: English muffin on the bottom, avocado slices then topped with chorizo mixture, poached egg and finish with cilantro lime hollandaise.